





National Dementia Care Collaborative 2024 Autumn Summit

Strategies for Implementing Comprehensive Dementia Care: Resources for CMS GUIDE Participants and Other Dementia Care Providers

November 19, 2024

Welcome and Introductions



Rani Snyder, The John A. Hartford Foundation **Rebecca Stoeckle**, EDC.org



The National Dementia Care Collaborative 2024 Autumn Summit



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Mission Moment: A Conversation about Best Practices for Dementia Care

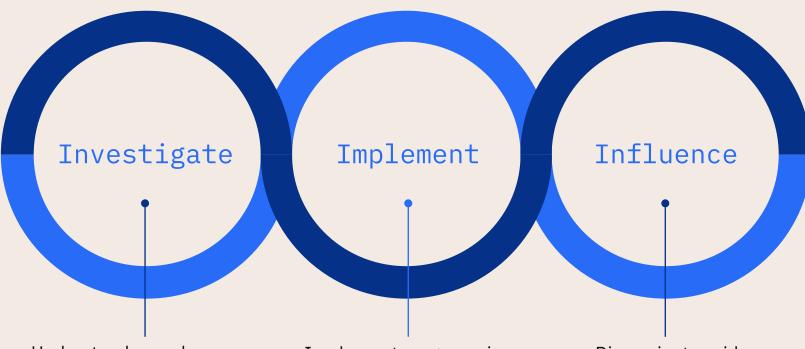
Bart Brammer, Advisor to NDCC and living with dementia

Roberta Cruz, Advisor to NDCC as a family caregiver

Miriam Owens, Advisor to NDCC and living with dementia

Lauren Sullivan, Care Navigator, Healthy Aging Brain Center, Eskenazi Health

Approach



- Understand complex problems
- Design and adapt interventions
- Assess trends in policy change

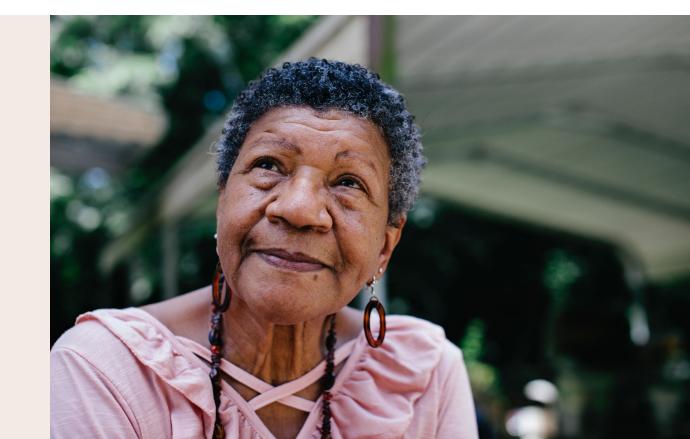
- Implement programs in diverse settings
- Improve health systemcommunity collaboration
- Convene diverse partners
- Build local capacity

- Disseminate evidenceinformed interventions
- Advance the field
- Move policy
- Sustain Successes

Autumn Summit Goals



- 1. Connect health systems and communitybased organizations with resources to improve dementia care
- 2. Encourage adoption of evidence-based approaches wherever dementia care improvement is taking place
- 3. Promote engagement in collaborative learning opportunities



Recommendations to Improve Payment Policies for Comprehensive Dementia Care



One-day convening October 2019 in Washington, DC

Over 50 national experts in dementia care from diverse perspectives

Recommendations

- Payments for services to family caregivers
- Education for consumers, providers and policymakers
- Advance a population health model approach

National Dementia Care Collaborative



Aims

- <u>Improve access</u> to evidence-based comprehensive dementia care.
- Provide a common platform for health systems and other provider organizations implementing or interested in implementing a proven model of comprehensive dementia care.



Comprehensive Dementia Care Models



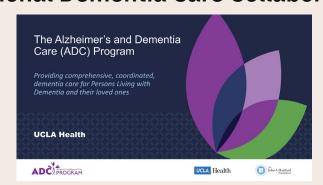


Convener

Funder

National Dementia Care Collaborative













Elements of Comprehensive Dementia Care



Continuous Monitoring and Assessment



Ongoing Care Plans



Psychological Interventions



Self-Management



Caregiver Support



Medication Management



Treatment of Related Conditions



Coordination of Care

Recommendations to Inform and Support the GUIDE Model

Payment For Comprehensive Dementia Care: Five Key Recommendations

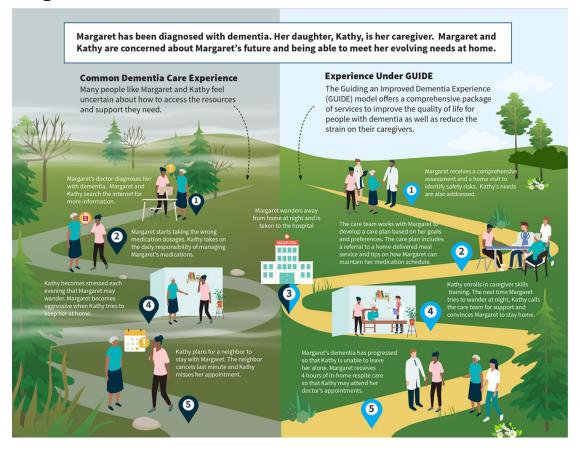
Nora Super, Gary Epstein-Lubow, David B. Reuben, Rani E. Snyder, Jane Carmody, Abby Maglich

FEBRUARY 7, 2023



Super, N., Epstein-Lubow, G., Reuben, D. B., Snyder, R. E., Carmody, J., & Maglich, A. (2023, February 7). Payment for comprehensive dementia care: Five key recommendations. Health Affairs. https://www.healthaffairs.org/content/forefront/payment-comprehensive-dementia-care-five-key-recommendations?ftag=MSF0951a18

Guiding an Improved Dementia Experience (GUIDE) Model



Centers for Medicare & Medicaid Services. (n.d.) Guiding an improved dementia experience (GUIDE) model). CMS.gov. https://www.cms.gov/priorities/innovation/innovation-models/guide

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The CMS Guiding an Improved Dementia Experience (GUIDE) Model Learning Systems

Tonya Saffer, CMMI

Abiodun Salako, CMMI

Guiding an Improved Dementia Experience (GUIDE) Learning System

Center for Medicare and Medicaid Innovation (CMMI) Nov 19, 2024



CMMI's Goals for Success



Partner with participants in Implementation and Learning



Provide key resources and assistance to accelerate implementation



Ongoing support to help participants achieve their goals



CMMI Participant Support

Technical Assistance



Goal:

Support Participants in successfully fulfilling model requirements



Active CMS Program and Policy assistance:

Webinars, Office Hours, Helpdesk



Learning System



Goal:

Facilitate Participants' integration of strategies and tactics to effectively meet model goals



Peer-to-Peer & Expert-led support:

Webinars, case studies, affinity groups, participant spotlights, SME consultation, toolkits and tip sheets



Reference Materials:

User manuals, policy methodology papers, fact sheets, tip sheets, checklists and FAQs



Connect Site:

Virtual platform for peer sharing, collaboration and coordination to support learning and continuous improvement



CMMI's Approach to Learning in GUIDE

During participation in the model, the learning system will:



Connect participants with each other to share strategies and ideas on model implementation



Disseminate best practices and tools on the delivery of comprehensive dementia care



Capture and share participant strategies and tactics associated with better outcomes



Design

Two learning tracks designed to meet the learning needs of the model's participants:

	Build Track	Care Track					
Target population	New Program Track participants	Established Program Track participants					
Key features	 Regular, virtual SME consultation sessions: Brief didactic SME presentation followed by case-based learning and peer-to-peer sharing during breakout sessions and Q&A with the SME 	 Webinars featuring a didactic presentation on a topic followed by a Q&A session Peer-to-peer sharing using affinity groups (participants with similar goals learning over time) and/or topic-focused huddles 					

	July '24 - June '25	July '25 - June '26						
MODEL OPERATIONS	Pre-implementation Period for New Program Track Performance Year 2024 for Established Program Track	Performance Year 2025						
LEARNING SYSTEM	Build & Care learning tracks operate separately	Build & Care learning tracks merge into one learning community						



Learning System Topics in Year One

Some of the topics that may be covered include:



Developing your Interdisciplinary Care Team and Provider Network



Patient Outreach, Recruitment, and Referrals



Preparing to Implement the Comprehensive Assessment



Conducting Home Visits



Engaging in GUIDE Respite Services



Looking Beyond Year One

Our approach will evolve as the model matures



Refine learning system design and activities based on participant learning needs and feedback



Identify strategies and tactics associated with high performance in the model



Disseminate tactics associated with high performance through the learning system



Model Resources Publicly Available

The GUIDE Model team has a host of resources to support interested organizations. To see the latest resources, visit the <u>Model's website</u> at <u>https://innovation.cms.gov/innovation-models/guide</u>.



Frequently Asked Questions

Please reference the <u>list of FAQs</u> on the Model's website for answers to common questions.



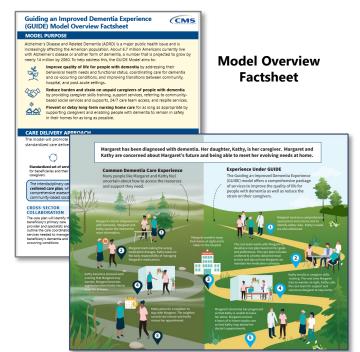
Model Factsheets

Model Overview Factsheet, Dementia Pathways Infographic, Strength in Partnerships Factsheet, and Participant Incentives Factsheet may be found on the Model's website.



Find Participants

Visit the Model's web site to identify participating dementia care programs



Dementia Pathways Infographic



Thank You for Listening



We appreciate your time and interest!

Do you have questions? Email the GUIDE Model Helpdesk (GUIDEModelTeam@cms.hhs.gov)



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NDCC Resources to Support Implementation of Evidence-Based Comprehensive Dementia Care

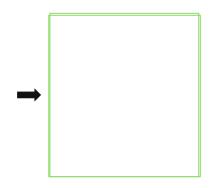
Kristin Lees Haggerty, EDC.org

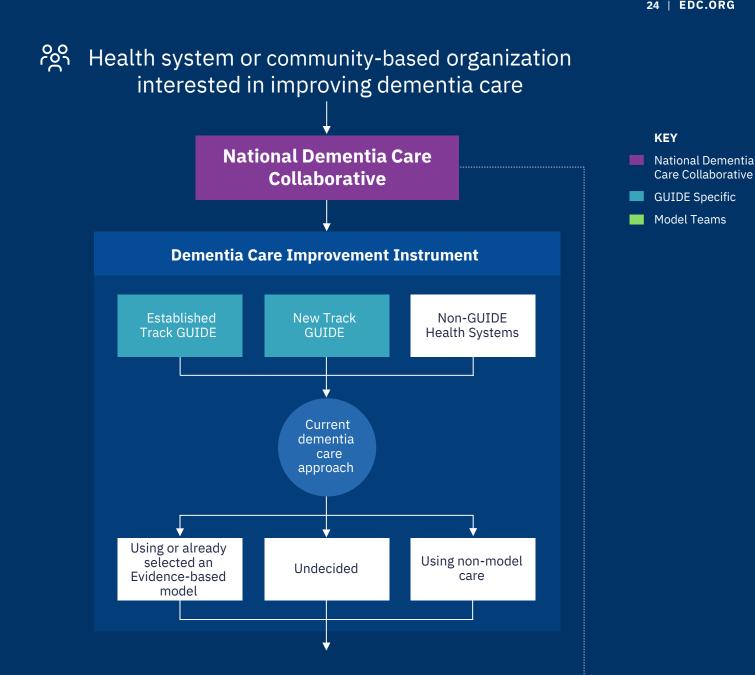
Gary Epstein-Lubow, EDC.org

Alignment: Evidence-Based Programs with GUIDE Model Components

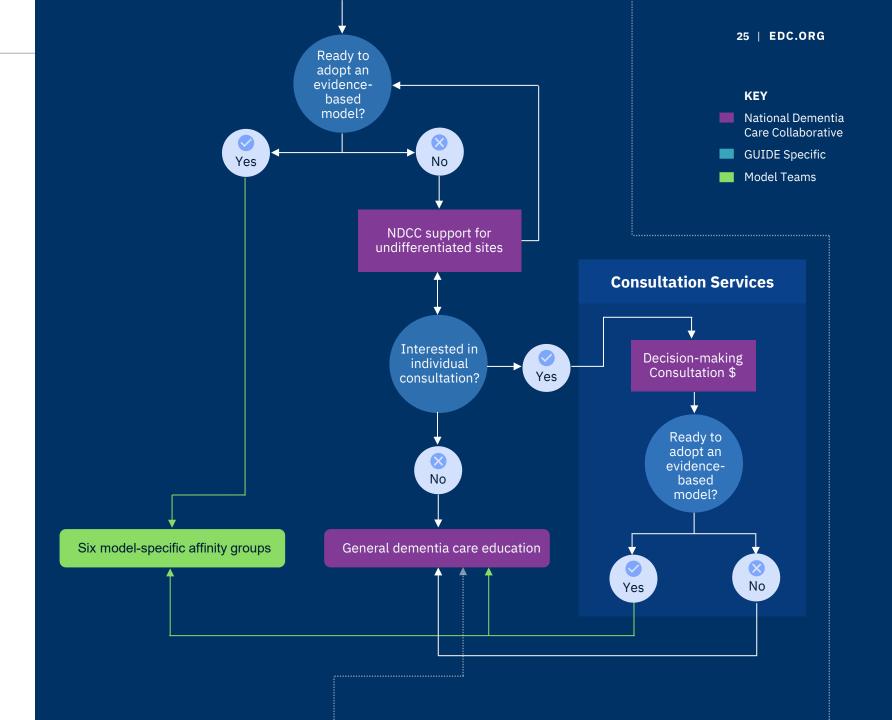
GUIDE Care Delivery Requirements	ABC	ADC Program	BRI CC	Care Ecosyste	em IMC	MIND at Home										
1. Comprehensive Assessment Initial comprehensive assessment and reassessments each year.	√	✓	✓	✓	✓	✓										
2. Care Plan Beneficiaries receive care plan	√	✓	✓	✓	GUIDE Care Delivery			ADC		Care		MIND at				
3. 24/7 Access	√	✓	Online Portal Only		Requirements (d			ABC	Program	BRI CC	Ecosystem	IMC	Home			
Member of care team or third-party representative					7. Caregiver Suppor	t Education provided	Caregiver Skills	√	√	✓	√	✓				
4. Ongoing Monitoring and Support Provide long-term help to CG and beneficiaries to revisit goals and needs	✓	✓	✓	✓			Training Dementia Dx Information	✓	√	✓	✓	√	✓			
5. Care Coordination and Transitional Care Management Coordinate with PCP, coordinate with specialists, support transitions between personal home and care settings	√	√	✓	√						Support group services Ad-hoc 1:1	✓	✓	Through Referral	Through Referral	✓	Through Referral
6. Referral and Coordination							Support Calls	√	√	√	✓	√	✓			
of Services and Supports Care navigator connects beneficiary and CG to community-based services	√	√	√	√	8. Medication Management	Clinician re medication	riews and reconciles	✓	✓		✓	✓	Site Dependent			
		Care Naviga maintain sc	tor provides tips to hedule	✓	✓	✓	✓	✓	✓							
laggerty K, Epstein-Lubow G, Stoeckle RJ, Carmody J, Maglich A, Johnson M, Super N, pragens L, Lee DR, Snyder RE (2023, November 22). Splying an Evidence-Based Approach to Comprehensive Dementia Care Under the New GUIDE Model Health Affairs.					9. Respite Services		receives respite -home), can be ncy	✓	Through contracts	Through Referral						

 $\frac{\text{https://www.healthaffairs.org/content/forefront/applying-evidence-based-approach-comprehensive-dementia-care-under-new-guide-model}$









National Dementia

GUIDE Specific

Model Teams

Care Collaborative

KEY

NATIONAL DEMENTIA CARE COLLABORATIVE (NDCC)



Caring for Caregivers Learning Communities

Goals of C4C Learning Community

- At the RUSH Center for Excellence in Aging
- Explore caregiver support strategies
- Including information about billing and utilization of the new CMS Caregiver Training Services codes
- All Age-Friendly Health Systems, Area Agencies on Aging, GUIDE Model participants, and other interested parties are invited
- Meetings November 2024 June 2025



National Alzheimer's and Dementia Resource Center (NADRC) Resources for Implementing Dementia Focused Interventions

Resource	Brief description
Choosing an Evidence-Based or Evidence-Informed Intervention: Considerations to Inform Decision- Making	This resource provides a series of questions and considerations to assist in the selection and implementation of dementia-specific interventions.
Seizing the Opportunity to Develop Dementia Programs: Successful program funding, planning, and delivery	This webinar includes information on the planning process for ACL funded dementia projects with an emphasis on developing programs that are tailored to the needs of the community.
Translating Evidence-Based Dementia Interventions to the Community	This report analyzes the experiences of some past ACL's dementia grant programs to understand issues they encountered, and strategies used to address them.
Tips and Tools for Writing Contracts and Other Agreements	This guide summarized practical guidance on developing contracts and agreements with partners who can support service delivery.



Building Systems for Comprehensive Dementia Care:

Opportunities for Public Health to Support Implementation of the CMS GUIDE Model

December 9, 2024 | 10am 1am CT | Zoom

- Webinar designed for local and state public health agencies.
- Discover the Guiding an Improved Dementia Experience (GUIDE) Model and its potential for family caregiver support and education.
- Explore partnerships with health systems in the GUIDE pilot.
- Find resources and ideas to support dementia care in underourced communities.
- Ask YOUR questions!

Register & submit your questions or the panel: https://bit.ly/CMS_GUIDE





Speakers join us from CMS, Tennessee and Rhode Island.



Kathy Hansen kajacobi@alz.org: AK, ID, OR, WA

Cheryl Brunk cbrunk@alz.org: Northern CA, NV, AZ

Ondine Boulter oboulter@alz.org: Northern CA, NV, AZ

Judith Martinez jemartinez@alz.org: Southern CA

Bekah McLean bemclean@alz.org: Southern CA

Danelle Hubbard dhubbard@alz.org: CO, MT, NM, UT, WY

Erica Forrest elforrest@alz.org: AR, IA, KS, MO, NE, OK, SD

Elise Passy epassy@alz.org: South/East TX

Terrianne Reynolds treynolds@alz.org: IL, IN, KY, MN, ND, WI

Liz Hall lizahall@alz.org: AL, LA, MS, TN, VA

Amy Boehm amboehm@alz.org: MI, OH, WV

Liz McCarthy Imccarthy@alz.org: CT, MA, MD, ME, NH, RI, VT

Doris Phildor diphildor@alz.org: Downstate NY

Lori Balog lsbalog@alz.org: DE, NJ, PA

Karen Fagan kafagan@alz.org: DC

Stephanie Watts stwatts@alz.org: FL, GA, NC, SC



Regional and Local Resources

- Local Alzheimer's Association Chapter
- Area Agencies on Aging
- Local community-based organizations
- Faith-based Organizations
- Dementia-Friendly America
- Local health systems



National Dementia

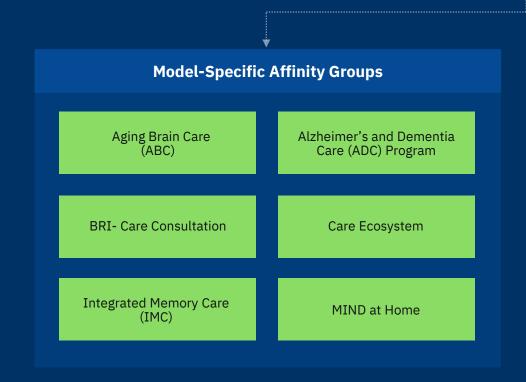
GUIDE Specific

Model Teams

Care Collaborative

KEY

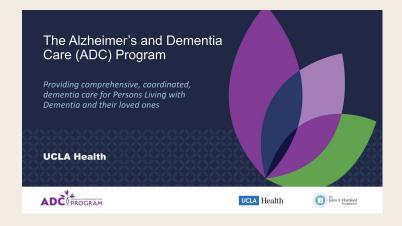
NATIONAL DEMENTIA CARE COLLABORATIVE (NDCC)



Collaborative Learning with Engaged National Leaders

See links to all programs at: https://www.ndcc.edc.org/six-models-of-ndcc

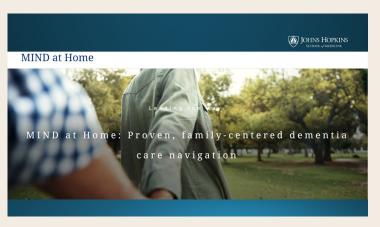












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Session 3: Getting Comprehensive Dementia Care Right: What We're Hearing, Learning, and Doing

Ian Kremmer, Moderator, LEAD Coalition (Leaders Engaged on Alzheimer's Disease)

Malaz Boustani, Aging Brain Care (ABC)

David Reuben, Alzheimer's and Dementia Care (ADC) Program

David Bass, Benjamin Rose Institute Care Consultation (BRI-CC)

Sarah Dulaney, Care Ecosystem

Amy Imes, Integrated Memory Care (IMC)

Quincy Samus, Maximizing Independence (MIND) at Home

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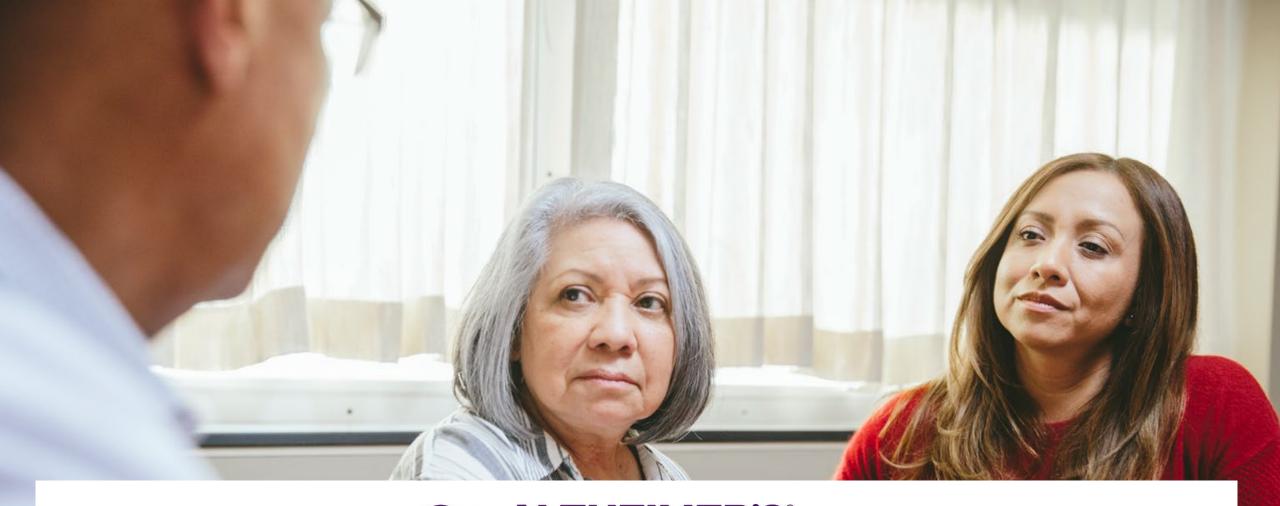
Session 4: Care Navigation: Essentials for Success

Morgan Daven, Alzheimer's Association

David Reuben, UCLA

Leslie Evertson, UCLA

Joan Weiss, HRSA



SALZHEIMER'S® OASSOCIATION DEMENTIA CARE NAVIGATION ROUNDTABLE

Improving Coordinated Care for Alzheimer's and Dementia

DEMENTIA CARE NAVIGATION GUIDING PRINCIPLES

Kallmyer, B. A., Bass, D., Baumgart, M., Callahan, C. M., Dulaney, S., Evertson, L. C., Fazio, S., Judge, K. S., & Samus, Q. (2023). Dementia care navigation: Building toward a common definition, key principles, and outcomes. *Alzheimer's & dementia (New York, N. Y.)*, 9(3), e12408. https://doi.org/10.1002/trc2.12408



01 Be person and family centered Be culturally responsive and address 02 disparities Include well-defined roles and 03 responsibilities for all members of the care team Address barriers relating to medical, 04 legal, financial, emotional and other domains 05 Provide solution- focused coaching, education, and coordination Focus on the family unit as defined by 06 the person living with dementia Ensure processes and protocols are

evidence-based

DEMENTIA CARE NAVIGATION ROUNDTABLE LEADERSHIP



David Reuben, MD
Professor of Medicine, Geriatrics
UCLA Health



David Bass, PhD Senior Vice President & Senior Scientist Benjamin Rose Institute on Aging



DEMENTIA CARE NAVIGATION ROUNDTABLE PURPOSE

- A premier source of strategic guidance for advancing quality, person-centered dementia care navigation.
- Promotes the integration of care navigation across healthcare systems and communities, ensuring equitable access to dementia care.
- Provides leadership and guidance to shape the growth and evolution of dementia care navigation as the field continues to advance.



DEMENTIA CARE NAVIGATION ROUNDTABLE GOALS

Build consensus around the components of a quality navigation program and promote shared understanding of the principles of dementia care navigation.

02

01

Develop and disseminate **training and resources** to support implementation of a
quality, evidence- based navigation program
based on established programs.

03

Develop **business models** for implementing and sustaining care navigation.

04

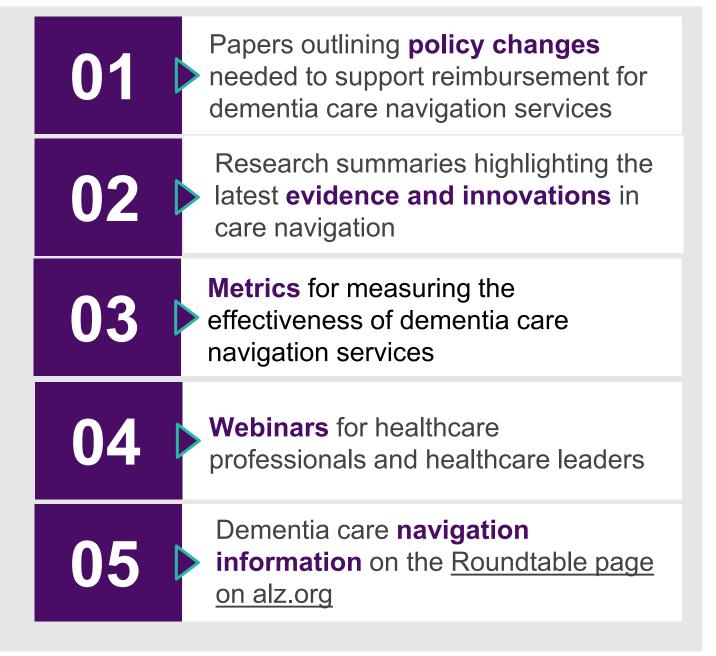
Identify **program evaluation measures** that support the delivery of high-quality dementia care navigation.

05

Foster collaboration and knowledge exchange among roundtable members.



DEMENTIA CARE NAVIGATION ROUNDTABLE Examples of planned outputs





Workgroup: Care Navigation

Chair

Leslie Evertson

Purpose

Using a health equity lens, members will:

- determine what components of dementia care navigation must be included for quality dementia care
- how these components may be met by licensed and non-licensed staff

Work in Progress

- Definition of roles & responsibilities of Dementia Care Navigators based on background & licensure against key GUIDE elements
- Summary of areas for further discussion & development

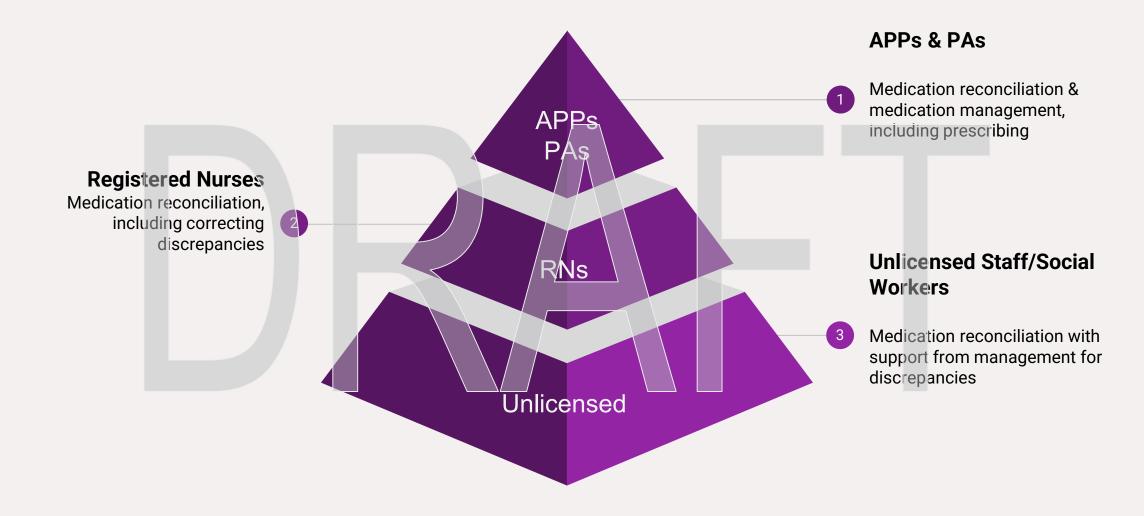
Roles & responsibilities

Part of the GUIDE Interdisciplinary Care Team

Contracted Services

	Comprehensive Assessment	Care Plan	24/7 Access to a team member	Ongoing monitoring and support	Care Coordinati- on and Traditional Care Mgmt	Referral and Coordination of Services and Supports	Medication Management and Reconciliation	Caregiver Education and Support	Respite	Home Visit
Non-licensed*	+	+	+	+	+	+		+	-	+
DCN	(w/team)	(w/team)			(w/team)		0		Can refer to services	
RN DCN	+	+	+	+	+	+	O	+	- Can refer to services	+
SW DCN	+	+	+	+	+	+	0	+	- Can refer to services	+
APP DCN	+	+	+	+	+	+	+	+	- Can refer to services	+
Dementia Proficient Clinician	+	+	+	+	+	+	+	+	- Can refer to services	+
Caregiver Agency (Respite)	_	_	-	-	-	-	-	☆	+	+
ALF/SNF/ADHC (Respite)	-	_	-	☆	☆	-	-	À	+	-
Home Health Agency RN/OT/PT	_	-	-	¥	À	-	-	☆	+	+

Further Development & Discussion



Workgroup: Training Standards, Credentialing, and Fidelity for Dementia Care Navigation

Chair

Joan Weiss

Purpose

Using a health equity lens, members will define:

- the knowledge and skills required for dementia care navigators
- standards of training for navigation, and what a framework for credentialing may encompass

Members will also identify or create:

- measures that indicate high quality dementia care navigation has been implemented
- recommendations for all elements of credentialing to include licensing requirements, levels of education, and professional disciplines.

Work in Progress

- Content of Training Standards
- Didactic & Clinical DCN Training Requirements
- Credentialing
- Outcome Measures

Work in Progress

Content of DCN Training Standards

- Flexibility of the training model
- Alignment with existing structure & processes
- Capacity for in-house vs. contracted training
- Electronic Medical Records (EMRs) capability
- Integration with existing protocols and guidelines

Didactic & Clinical DCN Training Requirements

- Topics focusing on key dementia care management functions, i.e. Comprehensive Assessment
- Topics addressing health equity and providing high quality, culturally competent dementia care, i.e. Diversity in Dementia
- Other topics identified by geriatrics educators, i.e.: Comanagement of Dementia
- Specific trainings for nurses, i.e. Cognitive Health and Function

Work in Progress

Credentialing

- The Workgroup recommends the use of certificates of completion rather than credentialing.
- A dementia care certificate indicates education, knowledge and skills in Dementia that can be applied immediately.
- Certificates provide flexibility when factoring in time and financial constraints, & changing career goals and job requirements.

Further Development & Discussion

Outcome Measures

- There is currently no evidence-based information on the topic of health outcomes of dementia care navigation education and training.
- Quality measures related to processes of care and utilization of services may be used as a key indicator of impact

Workgroup: Value Proposition

Chair

R. John Sawyer

Purpose

Members will:

- Help programs make a viable business case for dementia care management and navigation
- will thereby help strengthen program development, sustainability, and future growth to better support patients and caregivers.

Work in Progress

- Definition of scope of workgroup
- Key considerations of business case development
- Prioritization of next-phase work products/deliverables

Scope & Themes

Definition of Scope:

- Financial metrics
- Outcomes beyond just financial but related to value
- Clinical workflows and efficiency metrics are out of scope
- People scope: Dementia criteria (dx or not) people with and without caregiver (different calculation)

Key Considerations:

- An effective business case must align with existing/other key metrics ((Patient experience, Quality, STAR ratings, social ROI, reputational ROI)
- Value-based care models present a large opportunity for dementia care programs

Key Considerations (continued):

- Health systems budget based on expected revenue not expected savings
- Very hard to track and attribute cost savings to specific programs in large organizations
- Multi-year cost Savings analysis from Year 1 and beyond

Further Development & Discussion

Next-Phase Product/Deliverable Development

- Support for the business case of care navigation:
 - Billing/financial modeling templates
 - Education
- Payer recruitment to the workgroup for metrics & utilization considerations

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Session 5: Addressing Health Equity when Implementing Comprehensive Dementia Care

Kaleigh Ligus, CMMI

James Noble, Columbia University



Guiding an Improved Dementia Experience (GUIDE) Model: Health Equity

Center for Medicare and Medicaid Innovation November 19, 2024



CMMI Strategic Objectives: Advance Health Equity



Aim: Embed health equity in every aspect of CMS Innovation Center models and increase focus on underserved populations.



Health Equity Plan

The Health Equity Plan will allow each GUIDE participant to identify disparities in outcomes in their patient populations and implement initiatives to measure and reduce these disparities over the course of the model.

Initial Health Equity Plan

FOCUS

GOAL

Beneficiary Outreach and Engagement

Encouraged Participants to develop and implement health equity recruitment strategies from model start

- Encouraged GUIDE participants to reach historically underserved eligible beneficiaries
- Questions focused on identification of health disparities within the participant's beneficiary population using reliable data sources and consideration of outreach strategies

Annual Health Equity Plan

FOCUS

GOAL

Reducing Disparities in Dementia Care

Encourage Participants to implement initiatives to measure and reduce disparities

- Identify and select evidence-based interventions for addressing health disparities and achieving equitable outcomes
- Set goals and report progress on Health Equity Plans as an element of the model's annual care delivery reporting

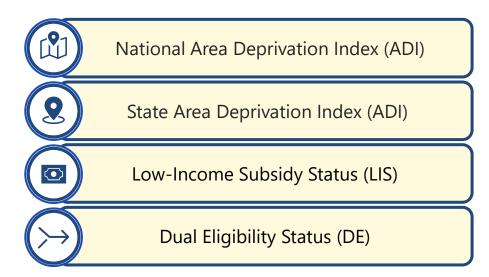


Health Equity Adjustment

The Model's core payment methodology is a per beneficiary per month care management payment, called the Dementia Care Management Payment (DCMP), that is adjusted for health equity and performance on a set of quality metrics.

The Health Equity Adjustment (HEA) is applied to the DCMP based on beneficiary-level health equity scores and is designed to decrease the resource gaps in serving historically underserved communities.

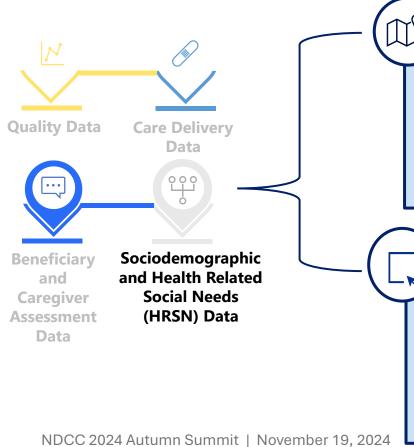
HEA will be based on the following social risk factors:





Expanded Data Collection Efforts

All Innovation Center model participants are required to collect and report data deemed necessary to monitor and evaluate the model. GUIDE participants will report the following:





Socio-demographic Data

Participants will be required to report a core set of sociodemographic measures for their aligned beneficiaries annually.

The core measures are:

Race

Disability status

Ethnicity

Primary language

Sex assigned at birth



Health-Related Social Needs (HRSN) Data

HRSN collection and referrals will be part of the model's broader care delivery requirements for comprehensive assessment and referral for services and supports.

At minimum, GUIDE participants must screen for HRSNs and report results, in aggregate, in the following domains: food insecurity, housing instability, transportation needs, social isolation, and safety.



Thank you for your time



We appreciate your time and interest!

Do you have questions? Email your comments and feedback to <u>GUIDEModelTeam@cms.hhs.gov</u>









National Dementia Care Collaborative 2024 Autumn Summit

Main session closure and transition to affinity groups



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BREAKOUT SESSIONS

Affinity Groups for Six Evidence-Based Comprehensive Dementia Care Models

- 1. Aging Brain Care (ABC) Program
- 2. Alzheimer's and Dementia Care (ADC) Program
- 3. Benjamin Rose Institute (BRI) Care Consultation
- 4. Care Ecosystem
- 5. Integrated Memory Care (IMC)
- 6. Maximizing Independence (MIND) at Home

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Affinity Group Meetings

Summit Breakout Group	Model	Post-Summit Affinity Group Meeting	Time	Contact
1	Aging Brain Care (ABC) Program	December 10	2:00 pm ET	seffler@iupui.edu
2	Alzheimer's and Dementia Care (ADC) Program	January 6	1:00 pm ET	dementiaPM@mednet.ucla.edu
3	Benjamin Rose Institute (BRI) Care Consultation	January 29	12:00 pm ET	mminyo@benrose.org
4	Care Ecosystem	November 21	1:00 pm ET	sarah.dulaney@ucsf.edu
5	Integrated Memory Care (IMC)	December 9	7:00 pm ET	amy.imes@emoryhealthcare.org
6	Maximizing Independence (MIND) at Home	December 10	3:00 pm ET	mreulan1@jhmi.edu







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Thank you!

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